

New Year Competition Begins in the Welsh Capital for Youngsters

Written by Nathan Jones

Sunday, 06 January 2019 20:22

At the beginning of a New Year, the first championship event of 2019 took place at the **National Indoor Athletics Centre at Cyncoed Campus, Cardiff** over the weekend.

The

Welsh Athletics Indoor Open Meeting incorporating the South, East & West Wales & South West England Championships

saw athletes of all ages from the under 13 to under 17 age groups looking to get their year off to a good start ahead of the remaining busy winter months.

Following the first successful day at the start of December, over 500 athletes were back at the indoor track to battle for individual performances and podium positions. A big turnout of friends, family and spectators watched on from the side-lines and made plenty of noise, with only standing room spaces available for the majority of the afternoon.

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Carmarthen Harriers Results / Canlyniadau Harriers Caerfyrddin:

Iwan Thomas - U13 Boys 1500m GOLD (5:04:05)

Ifan Bowen - U13 Boys 1500m SILVER (5:04:84)

Jake Lynock - U13 Boys 1500m BRONZE (5:21:11)

James Sloyan - U13 Boys 60m Hurdles (14.16); 800m (2:45:85); Long Jump (3.34m)

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Chloe Hale - U15 Girls 1500m (5:43:15)

Macsen Toogood - U13 Boys 800m GOLD (2:30:51); 60m 9.39

Amy Greatrick - U15 Girls 800m (2:53:14)

Tom Williams - U13 Boys 60m (9.05)

Sophia Reid-Thomas - U15 Girls 60m (8.51)

Well Done All - Da iawn pawb. Some excellent results and performances, taking into account that many were making their debuts in indoor running or having moved up an age group this year!

There's plenty still to come at the National Indoor Athletics Centre in Cardiff between now and mid March, which includes the Cardiff Met University Non Thomas New Year Open, two-day Welsh Athletics Indoor Senior Championships and a full weekend at the Welsh Athletics Indoor Junior Championships. The Welsh Athletics Indoor U20 International will return at the beginning of March, following the unfortunate postponement in 2017 because of the adverse weather conditions. Hundreds of Wales' top juniors and seniors are expected to be in action as Welsh titles and International honours will be on the line.

**Welsh Athletics Social Media Live Coverage: [Twitter](#) - [Instagram](#)
[LIVE RESULTS / CANLYNIADAU BYW - Cardiff 06/01/19](#)**

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